

JACLYN C. KEENEY

Curriculum Vitae

CONTACT INFORMATION

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EDUCATION

- Expected June 2019 **Doctor of Philosophy in Clinical Psychology**, Rosalind Franklin University of Medicine & Science (APA accredited)
Health Psychology Specialty Track
Dissertation: Examining Changes in Physical Activity During the First Year of College Among Former High School Athletes and Former High School Non-Athletes (in progress)
(Chair: Kristin Schneider, Ph.D.)
- 2015 **Master of Science in Clinical Psychology**, Rosalind Franklin University of Medicine & Science (APA accredited)
Health Psychology Specialty Track
Master's Thesis: Understanding the Relationship Between Skin Cancer Risk Factors and Types of Exercise
(Chair: Kristin Schneider, Ph.D.)
- 2013 **Bachelor of Science in Psychology**, North Central College
Honors Thesis: Binge eating in college athletes
(Chair: Leila Azarbad, Ph.D.)
- 2013 **Bachelor of Arts in Mathematics**, North Central College

HONORS AND AWARDS

- Rosalind Franklin University of Medicine & Science 100% Academic Tuition Waiver
- Student Delegate of AASP, Association of Applied Sport Psychology, 2017-Present
- Chair of AASP Website and Social Media Initiative, 2017-Present
- Student-Faculty Liaison of GASP, Graduate Association of Student Psychologists, 2016-2017
- Student Representative of RFUMS Colloquium Committee, 2015-Present
- Student Representative of RFUMS Policy and Procedures Committee, 2015-Present
- Vice-President of Psi Chi, International Psychology Honor Society, 2012-2013
- Psi Chi Honor Society Inductee, 2011-2012
- North Central College Presidential Scholarship, 2009-2013
- North Central College Dean's List, 2009-2013
- National Forensics Finalist, 2009-2011
- Seneca Township High School Valedictorian, 2009

CLINICAL EXPERIENCE

- **Alexian Brothers Behavioral Health Hospital, Center for Athletes with Eating Disorders**, Hoffman Estates, Illinois (June 2017 - Present)

Position: Psychology Extern (Clinical)

Duties: Develop and implement an innovative Partial Hospitalization Program/ Intensive Outpatient Program targeted at the treatment of eating disorders in athletes; create and administer assessment tools for evaluation of patient participation in athletics during eating disorder treatment; operate as a case manager; conduct group interventions and milieu treatment

Supervisor: Annmarie Belmonte, Psy.D.
- **Alexian Brothers Behavioral Health Hospital, Psychological Testing Services**, Hoffman Estates, Illinois (June 2017 - Present)

Position: Psychology Extern (Diagnostic)

Duties: Conduct clinical interviews; administer psychological assessments (e.g., intelligence, personality, achievement, behavioral, cognitive); score and interpret testing data; write integrated reports; formulate treatment recommendations; provide feedback

Supervisors: Annmarie Belmonte, Psy.D.; Rocco Domanico, Ph.D.
- **Alexian Brothers Behavioral Health Hospital, Center for Eating Disorders**, Hoffman Estates, Illinois (July 2016 - June 2017)

Position: Psychology Extern (Clinical)

Duties: Administered intake assessments; operated as a case manager; conducted group interventions and milieu treatment of patients diagnosed with anorexia nervosa, bulimia nervosa, binge eating disorder, other specified feeding or eating disorder, and/or unspecified feeding or eating disorder

Supervisors: Annmarie Belmonte, Psy.D.; Denise Styer, Psy.D.
- **Loyola University Medical Center**, Maywood, Illinois (July 2015 - July 2016)

Position: Psychology Extern (Clinical and Diagnostic)

Duties: Administered pre- and post-surgical assessments for bariatric surgery; Implemented behavior change interventions with bariatric surgery candidates; conducted psychiatric evaluations and individual therapy for adults with a variety of presenting concerns; operated as a consult-liaison

Supervisors: Kate Goldhaber, Ph.D.; Laura Wool, Psy.D.
- **True North Clinical Associates**, Wheaton, Illinois (August 2014 - July 2016)

Position: Psychology Extern (Clinical)

Duties: Conducted individual, group, and family psychotherapy services for children, adolescents, emerging adults, and adults; developed and implemented social skills thinking group to children

Supervisor: Paul Mullen, Psy.D.
- **Head Start**, Lake County, Illinois (August 2013 - June 2014)

Position: Psychology Extern (Clinical and Diagnostic)

Duties: Administered diagnostic assessments; conducted behavioral observations; generated functional assessments; developed behavior plans for children in pre-Kindergarten; communicated with parents

Supervisor: Chinni Chilamkurti, Ph.D.

TEACHING EXPERIENCE

- **North Central College** (January 2018 – Present)
 - Position: Half-Time Professor of Psychology
 - Duties: Develop course curriculum; deliver course lectures; facilitate examinations; provide graded feedback
 - Courses: Introduction to Psychology; Child Development

- **North Central College** (September 2017 - Present)
 - Position: Faculty Mentor
 - Duties: Attend games and events; provide support via e-mail, phone, one-on-one meetings and group meetings; deliver information on various topics
 - Sport: Women's Volleyball

- **North Central College** (January 2017 – December 2017)
 - Position: Adjunct Professor
 - Duties: Develop course curriculum; deliver course lectures; facilitate examinations; provide graded feedback
 - Courses: Introduction to Psychology; Adolescent Psychology; Child Development

- **Rosalind Franklin University of Medicine & Science** (2015 - 2016)
 - Position: Teaching Assistant for Lifespan Development
 - Duties: Lectured course content; developed course materials; assisted with the development and grading of student assignments and examinations
 - Instructor: Scot Hill, Ph.D.

- **North Central College** (2011 - 2012)
 - Position: Teaching Assistant for Adolescent Psychology
 - Duties: Assisted students with resources, information, and knowledge from past course experience in order to promote strong academic performance
 - Instructor: Paul Mullen, Psy.D.

RESEARCH EXPERIENCE

- *Examining the Impact of a Single Session of Physical Activity on Athletic Identity and Body Image Among College Students* (June 2017 - Present)
 - Position: Co-Principal Investigator
 - Description: Quantitative study examining the effects of a single session of moderate-to-vigorous physical activity on athlete identity and body image
 - Duties: Responsible for literature review, original study design, IRB submission, recruitment, data collection, data analysis, and manuscript writing (first-author); mentor to several undergraduate students
 - Collaborator: Leila Azarbad, Ph.D. (Co-Principal Investigator)

- *Comparing the Effectiveness of Various Food Craving Induction Methods* (June 2017 - Present)
 - Position: Co-Principal Investigator
 - Description: Quantitative study comparing various craving induction techniques to explore which is most powerful and exploring whether Graphics Interchange Format (GIFs) successfully induce food cravings
 - Duties: Responsible for original study design, IRB submission, data collection, data analysis, and manuscript writing; mentor to several undergraduate students
 - Collaborator: Leila Azarbad, Ph.D. (Co-Principal Investigator)

- *Examining Changes in Physical Activity During the First Year of College Among Former High School Athletes and Former High School Non-Athletes* (2016 - Present)
 - Position: Principal Investigator
 - Description: Quantitative study examining the effects of athlete status on changes in physical activity during the first year of college
 - Duties: Responsible for literature review, original study design, IRB submission, recruitment, data collection, data analysis, and manuscript writing (first-author)
 - Advisor: Kristin Schneider, Ph.D.

- *High School Preparticipation Evaluation Screenings: Is There Room for Evaluation of Mental Health?* (2016 - Present)
 - Position: Principal Investigator
 - Description: Systematic review examining the current assessment of mental health in high school athletic preparticipation evaluation screenings
 - Duties: Responsible for study design, data coding/analysis, and manuscript writing (first-author)
 - Advisor: Kristin Schneider, Ph.D.

- *Lessons Learned During the Development of an Asynchronous, Active Video Game Intervention: Active Fantasy Sports* (2014 - Present)
 - Position: Research Assistant
 - Description: Quantitative study examining whether an augmented online fantasy sport system linked to a physical activity monitor will increase moderate physical activity
 - Duties: Assist with original research design, IRB submission, recruitment, data collection, data analysis, and manuscript writing (first-author)
 - Advisor: Kristin Schneider, Ph.D.

- *Understanding Factors That Promote Active Video Game Use in Children* (2013 - Present)
 - Position: Research Assistant
 - Description: Quantitative study examining factors that affect children's use of AVGs
 - Duties: Responsible for recruitment, database creation, data collection, data analysis, and manuscript writing
 - Advisor: Kristin Schneider, Ph.D.

- *Skin Cancer Risk and Physical Activity* (2013 - Present)
 - Position: Research Assistant
 - Description: Quantitative study assessing the extent to which physically active individuals are at greater risk for skin cancer compared to their sedentary counterparts
 - Duties: Responsible for data analysis and manuscript writing (first-author)
 - Advisor: Kristin Schneider, Ph.D.

- *“Like” This Study? A Systematic Review of Using Online Social Networks for Recruitment in Behavioral Medicine Research (2014 - Present)*
 Position: Research Assistant
 Description: Quantitative systematic review exploring the use of social media for recruitment in behavioral medicine research
 Duties: Assist with database creation, data coding, and manuscript writing
 Advisor: Kristin Schneider, Ph.D.

- *Piloting Behavioral Interventions to Increase Physical Activity in Adults at Risk for a Diabetic Foot Ulcer (2015 - 2016)*
 Position: Research Assistant
 Description: Quantitative study that examined the feasibility of low-cost, behavioral and technological strategies to determine components to increase physical activity and improve glycemic control in adults at risk for diabetic foot ulcers
 Duties: Assisted with IRB submission and development of research materials
 Advisor: Kristin Schneider, Ph.D.

- *What is All the Tweeting About? Analysis of the SBM Conference Hashtags #sbm2013 and #sbm2014 (2014 - 2016)*
 Position: Research Assistant
 Description: Quantitative study that examined the use of Society of Behavioral Medicine conference hashtags for the 2013 and 2014 conferences
 Duties: Assisted with data coding and abstract writing
 Advisor: Sherry Pagoto, Ph.D. & Kristin Schneider, Ph.D.

- *Binge Eating Disorder in College Athletes: An Examination of the Occurrence of Binge Eating Disorder and the Dieting Habits of College Athletes (2012 - 2016)*
 Position: Principal Investigator
 Description: Quantitative study that examined the occurrence of binge eating disorder in college athletes
 Duties: Responsible for original research design, data collection, data analysis, and manuscript writing (first-author)
 Advisor: Leila Azarbad, Ph.D.

- *Eating Habits and Mood States in College Students (2012 - 2016)*
 Position: Research Assistant
 Description: Quantitative study that examined the eating habits and mood states of college students
 Duties: Assisted with original research design, data collection, data analysis, and manuscript writing
 Advisor: Leila Azarbad, Ph.D.

- *Behavioral Activation Enhanced Exercise Intervention for Diabetes and Depression (2013 - 2015)*
 Position: Research Assistant
 Description: Quantitative study that created a group exercise intervention for women with comorbid depression and glycemic control
 Duties: Assisted with abstract and manuscript writing
 Advisor: Kristin Schneider, Ph.D.

PEER-REVIEWED PUBLICATIONS

PUBLISHED MANUSCRIPTS

1. **Keeney, J.** & Azarbad, L. (in press). Does Sport Participation and Gender Matter? Examining Binge Eating Symptoms in Male and Female Undergraduate Athletes and Non-Athletes. *Performance Excellence Movement*.
2. Schneider, K.L., Panza, E., Handschin, B., Ma, Y., Busch, A., Waring, M. E., Appelhans, B., Whited, M.C., **Keeney, J.**, Kern, D., Blendea, M., Ockene, I., & Pagoto, S.L. (2016). Feasibility of Pairing Behavioral Activation with Exercise for Women with Type 2 Diabetes and Depression: The Get It Study Pilot Randomized Controlled Trial. *Behavior Therapy*, 47(2), 198-212.
3. Schneider, K. L., Pagoto, S.L., Panza, E., **Keeney, J.**, & Goldberg, D. (2014). Skin Cancer Risk Profiles of Physically Active Adults. *Health Behavior and Policy Review*, 1(4), 324-334.

MANUSCRIPTS SUBMITTED FOR REVIEW

4. **Keeney, J.**, Schneider, K.L., & Moller, A.C. (submitted for review). Lessons Learned During the Development of an Asynchronous, Active Video Game Intervention: Active Fantasy Sports. *Psychology of Sport & Exercise*.
5. **Keeney, J.**, Pagoto, S.L., & Schneider, K.L. (submitted for review). Exercise Type and Skin Cancer Risk Behaviors. *Journal of Sports Sciences*.
6. Schneider, K.L., Smith Carter, J., Putnam, C., **Keeney, J.**, DeCator, D.D., Kern, D., & Aylward, L. (submitted for review). Correlates of Active Video Game Use in Children. *Games for Health Journal*.

IN PROGRESS MANUSCRIPTS

1. **Keeney, J.** & Azarbad, L. *Predicting Binge Eating Among Undergraduate Athletes*.
2. **Keeney, J.**, Kaplan, J. & Schneider, K.L. *High School Preparticipation Evaluation Screenings: Is There Room for Evaluation of Mental Health?*
3. Schneider, K.L., Kern, D., **Keeney, J.**, & Pagoto, S.L. *'Like' This Study? A Systematic Review of Using Online Social Networks for Recruitment in Behavioral Medicine Research*.

INVITED PRESENTATIONS

1. **Keeney, J.** (2017, October). *Understanding the Complexities of Treating Eating Disorders in Athletes*. Invited Professional Education Series presentation at Alexian Brothers Behavioral Health Hospital, Hoffman Estates, IL.
2. **Keeney, J.** (2017, October). *Making the Most of Your Clinical Training Experiences*. Invited Grand Rounds presentation at Argosy University, Schaumburg, IL.

3. **Keeney, J.** (May 2016). *Skin Cancer and Exercise: Risk Factors at Play*. Research findings presented at Rosalind Franklin University of Medicine & Science, North Chicago, IL.
4. **Keeney, J.** (February 2016). Panel Discussion. Invited Women in Science panelist at the Department of Biology. North Central College, Naperville, IL.
5. **Keeney, J.** (November 2014). Clinical Case Presentation. Invited Inter-professional Case Conference presentation at the Department of Psychology. Rosalind Franklin University of Medicine and Science, North Chicago, IL.

CONFERENCE PRESENTATIONS

1. Schneider, K.L., Carter, J.S., Putnam, C., **Keeney, J.**, & DeCator, D. (2017, March). *Enjoyable, Highly Active Videogames Decreased Physical Activity in Children*. Research findings presented at the annual meeting of the Society of Behavioral Medicine, San Diego, California.
2. **Keeney, J.** & Azarbad, L. (2016, September). *Does Sport Participation and Gender Matter? Examining Binge Eating Symptoms in Male and Female Undergraduate Athletes and Non-Athletes*. Research findings presented at the annual meeting of the Association of Applied Sport Psychology, Phoenix, Arizona.

CONFERENCE POSTER PRESENTATIONS

1. **Keeney, J.** & Azarbad, L. (2017, October). *Dieting Frequency and Eating Disordered Behavior Among College Students: Do Athlete Status and Gender Matter?* Poster presented at the annual meeting of the Association of Applied Sport Psychology, Lake Buena Vista, Florida.
2. **Keeney, J.**, Kaplan, J., & Schneider, K.L. (2017, May). *High School Preparticipation Evaluation Screenings: Do States Include Mental Health Recommendations?* Poster presented at the annual meeting of the American College of Sports Medicine, Denver, Colorado.
3. Schneider, K.L., Kern, D., **Keeney, J.**, Goins, K., & Lemon, S. (2017, March). *Examining Municipal Officials Participation in Physical Activity Policy and Its Association with County-Level Physical Activity*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, California.
4. Azarbad, L. & **Keeney, J.** (2017, March). *Severity of Depressive Symptoms Affects Weight Loss Goals, Eating Pathology, and Dieting Behaviors in College Women*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, California.
5. **Keeney, J.**, Moller, A.C., & Schneider, K.L. (2016, September). *Examining Predictors of Enjoyment and Achievement of Physical Activity Goals During an Active Fantasy Sports Exergame Intervention*. Poster presented at the annual meeting of the Association of Applied Sport Psychology, Phoenix, Arizona.
6. **Keeney, J.**, Schneider, K.L., & Carter, J.C. (2016, May). *The Influence of Parent Involvement on Child Physical Activity*. Poster presented at the annual meeting of the American College of Sports Medicine, Boston, Massachusetts.

7. **Keeney, J.**, Schneider, K.L., & Pagoto, S.L. (2016, March). *Runners, Swimmers, Walkers, and Cyclists: Differences on Skin Cancer Risk Factors*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.
8. Schneider, K.L., Carter, J.S., Putnam, C., **Keeney, J.**, DeCator, D., Kern, D., & Aylward, L. (2016, March). *Individual, Interpersonal and Game-Experience Correlates of Active Videogames in Children*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.
9. **Keeney, J.** & Azarbad, L. (2016, March). *Predicting Binge Eating Among Undergraduate Athletes*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.
10. Azarbad, L. & **Keeney, J.** (2016, March). *Predictors of Ideal Weight Loss Goals in College Students*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.
11. **Keeney, J.** & Schneider, K. (2015, May). *Examining Physical Activity Motivations and Physical Activity in Women with Diabetes and Depression*. Poster presented at the Annual Meeting of the American College of Sports Medicine, San Diego, California.
12. **Keeney, J.** & Schneider, K. (2015, April). *Understanding the Factors that Influence Indoor Tanning Among Physically Active and Inactive Adults*. Poster presented at the 36th Annual Meeting of the Society of Behavioral Medicine, San Antonio, Texas.
13. Azarbad, L. & **Keeney, J.** (2015, April). *Gender Differences in Predictors of Binge Eating in College Students*. Poster presented at the 36th Annual Meeting of the Society of Behavioral Medicine, San Antonio, Texas.
14. Schneider, K., Pagoto, S., **Keeney, J.**, & Kern, D. (2015, April). *Pairing Exercise with Evidence-Based Depression Treatment to Treat Depression in the Context of Comorbid Type 2 Diabetes*. Poster presented at the 36th Annual Meeting of the Society of Behavioral Medicine, San Antonio, Texas.
15. Reuther, L., **Keeney, J.**, & Schneider, K. (2015, April). *Examining How Friends, Family and Group Cohesion Impact Exercise Group Adherence for Women with Type 2 Diabetes and Depression*. Poster presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
16. Pagoto, S., Waring, M., Hayes, R., Schneider, K., May, C., **Keeney, J.**, Reuther, L., Kern, D., & Xiao, R. (2015, April). *What is All the Tweeting About? Qualitative Analysis of the SBM Conference Hashtag in 2013 and 2013*. Poster presented at the 36th Annual Meeting of the Society of Behavioral Medicine, San Antonio, Texas.
17. **Keeney, J.C.**, Schneider, K.L., Pagoto, S.L., & Panza, E.A. (2014, May). *Physical Activity Motivation in Women with Type 2 Diabetes and Depression*. Poster presented at International Society for Behavioral Nutrition and Physical Activity, San Diego, California.
18. Schneider, K., Putnam, C., Carter, J., **Keeney, J.**, Kern, D., DeCator, D., Novak, A., Reuther, L., Karczewski, S., & Smith, S. (2014, May). *Understanding Factors that Promote*

Active Video Game Use in Children. Poster presented at the 2nd Annual Alliance for Health Sciences Annual Research Retreat, Chicago, Illinois.

19. Schneider, K., Pagoto, S., Panza, E., Ma, Y., Ockene, I., Kern, D., & **Keeney, J.** (2014, April). *Pairing Exercise with Behavioral Activation to Improve Glycemic Control in Women with Diabetes and Depression: the Get It Study Pilot Results*. Poster presented at the 35th Annual Meeting of the Society of Behavioral Medicine, Philadelphia, Pennsylvania.
20. **Keeney, J.** & Azarbad, L. (2013, May). *Binge eating disorder in college athletes: An examination of the occurrence of binge eating disorder and the dieting habits of college athletes*. Poster presented at the annual Midwestern Psychological Association Conference, Chicago, Illinois.
21. **Keeney, J.** & Azarbad (2013, May). *Binge eating disorder in college athletes: An examination of the occurrence of binge eating disorder and the dieting habits of college athletes*. Poster presented at the annual Rall Symposium, Naperville, Illinois.

RELEVANT WORK EXPERIENCE

- **Rosalind Franklin University of Medicine & Science, College of Health Professions Research Subject Pool**, North Chicago, Illinois (July 2016 – Present)
 - Position: Participant Pool Administrator
 - Duties: Construct and implement a research subject pool; contact and interact with faculty and staff from various academic departments; maintain and monitor use of participant pool
 - Supervisor: Kristin Schneider, Ph.D.
- **Too Much Heart, Foundation for Cardiovascular Disease**, Schaumburg, Illinois (January 2017 – Present)
 - Position: Founder
 - Duties: Establish foundation aims and goals; construct and maintain foundation website and social media accounts; participate in fundraising events; market and develop connections with larger fundraising organizations
- **International Association of Eating Disorder Professionals**, Heartland Chapter (2017 – Present)
 - Position: Student Volunteer
 - Duties: Greet and interact with conference attendees; attend Heartland Chapter speaking engagements
 - Supervisor: Denise Styer, Psy.D.
- **True North Clinical Associates**, Wheaton, Illinois (2011 – 2013)
 - Position: Administrative Professional
 - Duties: Established rapport with patients of diverse backgrounds suffering from a variety of mental health illnesses; conducted new patient intakes, monitored client billing and insurance filing, organized records, and facilitated prescription requests.
 - Supervisors: Robert Kulkarni, M.D., Paul Mullen, Psy.D., & David Torres, L.C.S.W.

EDITORIAL ACTIVITIES

- Reviewer, *Journal of Medical Internet Research* (December 2016)
- Reviewer, *Annals of Behavioral Medicine*; Assisted Kristin Schneider, Ph.D. (April 2015)
- Reviewer, *Games for Health Journal*; Assisted Kristin Schneider, Ph.D. (September 2014)
- Reviewer, *Health Psychology*; Assisted Kristin Schneider, Ph.D. (May 2014)
- Reviewer, *Journal of Behavioral Medicine*; Assisted Kristin Schneider, Ph.D. (February 2014)
- Reviewer, *Appetite*; Assisted Kristin Schneider, Ph.D. (2013 – present)

PROFESSIONAL AFFILIATIONS

- International Association of Eating Disorder Professionals (IAEDP)
- American College of Sports Medicine (ACSM)
- Society of Behavioral Medicine (SBM)
- Association of Applied Sport Psychology (AASP)
- International Society of Behavioral Nutrition and Physical Activity (ISBNPA)
- Binge Eating Disorder Association (BEDA)
- Psi Chi, International Psychology Honor Society
- Midwestern Psychological Association

REFERENCES

Kristin Schneider, Ph.D.

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